



October 2023 Newsletter

Moving Senior Bodies

Tues., Oct. 10, 17, 24 - 4p

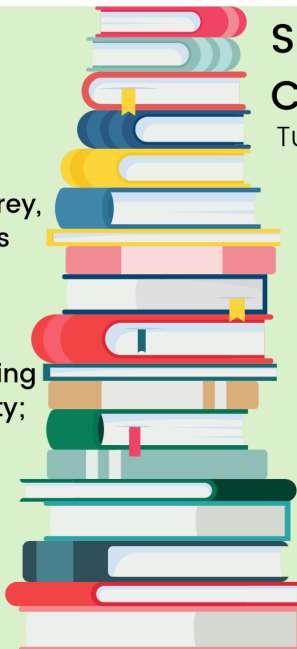
Tues., Nov. 7, 14, 28 - 4p

Tues., Dec. 5, 12, 19 - 4p

Join Upland Hills Health professionals Rosie Morrey, APNP, and Jennifer Day, COTA, for weekly classes focusing on balance and strength training to promote healthy aging.

Some benefits of strength training include: slowing down the loss of muscle; increasing bone density; improving balance and coordination, which will decrease fall risks; boost energy level; and increase mental sharpness - to name a few.

Registration required: rb.gy/28x16



Sustainability and the Coming Decade

Tues., Oct. 17 - 6:30p



We face a transition from the way things used to be to the ways things are. With any change comes opportunities. How do those opportunities present themselves in small towns? Professor (Emeritus) Tom Eggert will talk about the movement toward a more sustainable world and the impact on rural Wisconsin.

Presented in conjunction with the Morrill Lecture Series and the Wisconsin Science Festival.



Morrill Lecture Series

Kids



STOP BY THE LIBRARY THE WEEK OF HALLOWEEN IN COSTUME TO PICK UP A TREAT.

Teens

RVC Anime Club

Tues., Oct. 3 - 4p

Join us for a fun meeting to watch, discuss, or create Anime. Snacks provided.



Kids



All Ages Storytime

Wed., Oct. 4, 11, 18, 25 at 10:30a

Snorytime: Oct. 18 at 6:30p

For September and October, join Emily, our Librarian, and Kate, our New Youth Services Librarian, as we discuss language, stories, poems, and books! Bring the whole family, and enjoy songs, stories, dance, and more.

Pumpkin Painting with Shiloh

Tues., Oct. 10 at 6p

Get prepared for the spooky season this year by coming to the Library to paint a pumpkin in the company of Shiloh, a Turkey Vulture. Learn a bit more about Shiloh as well as listen to a festive story or two while working on your pumpkin. Please register for this event, so we know how many pumpkins to have.



October Calendar

3 - Movies, Munchies, and More (1p)
 RVC Anime Club (4p)
 Spring Green's Early History (7p)
 4 - All Ages Storytime (10:30a)
 Knitting Drop-in (5p)
 7 - Friends of the Library Book Collection (10a)
 Mindfulness: Discussion and Practice (Zoom) (10:30a)
 9 - Library Board Meeting (5p)
 10 - Movies, Munchies, and More (1p)
 Moving Senior Bodies (4p)
 Pumpkin Painting with Shiloh (6p)
 11 - All Ages Storytime (10:30a)
 Author Event: Carolyn Dallmann (7p)
 14 - Knitting Drop-in (11a)
 17 - Movies, Munchies, and More (1p)
 Moving Senior Bodies (4p)
 18 - All Ages Storytime (10:30a)
 Snorytime (6:30p)
 19 - Tech Drop-in (2p)
 21 - Mindfulness: Discussion and Practice (10:30a)
 24 - Movies, Munchies, and More (1p)
 Moving Senior Bodies (4p)
 25 - All Ages Storytime (10:30a)
 Book Discussion (2p)
 30 - Library Board Meeting (5p)
 31 - Movies, Munchies, and More (1p)



Knitting Drop-in

Wed., Oct. 4 at 5p
 Sat., Oct. 14 at 11a

Stop by the Library to ask knitting questions.

**230 E. Monroe St.
 Spring Green, WI 53588**

Hours:

Monday-Thursday 10a - 7p

Friday 10a - 5p

Saturday 10a - 1p

Main: 608-588-2276

Website: springgreenlibrary.org

Contact us via email:

ewhitmore@springgreenlibrary.org

Adults

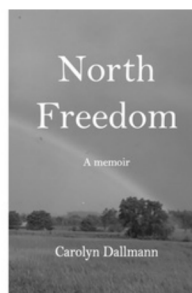
Book Discussion



Books available for pick-up at the Library.

Wed., Oct. 25 - 2p

Every Fourth Wednesday at 2pm, join us for a cup of coffee and a chat about the month's pick. For Oct., we will be reading "Four Treasures of the Sky" by Jenny Tinghui Zhang.



Author Event:

Carolyn Dallmann

Wed., Oct. 11 - 7p

Join us at the Library for a conversation with Carolyn Dallmann about her memoir, "North Freedom."

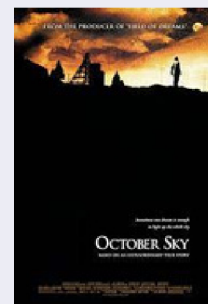
Movies, Munchies, and More

Every Tuesday at 1p, come to the Library for a cup of coffee, a sweet treat, and either a movie or a presentation.

Oct. 3



Oct. 10



Oct. 17



Oct. 24

Temples of the Egyptian Gods



Oct. 31

